



**PENK VALLEY
ACADEMY TRUST**

Intimate Care and Toileting Policy

Reviewed by PVAT Audit Finance & Risk Summer 2024

Ratified by the Board of Trustees July 2024

Frequency of Review: 3 years

Policy based on The Key exemplar policy

Author: Chief Operating Officer

Amendments

2021 - DS - updated for PVAT

Intimate and Toileting Care Policy

All children educated within all the schools associated with the Penk Valley Academy Trust, have the right to be safe and be treated with dignity, respect and privacy at all times so as to enable them to access all aspects of the schools.

This policy sets out clear principles and guidelines on supporting intimate care with specific reference to toileting. It should be considered in line with our Safeguarding Policy, Health and Safety Policies and Administering of Medicines policy.

This policy supports the safeguarding and welfare requirements of Early Years Foundation Stage (EYFS) 2012 and the Disability Discrimination Act 2005: Penk Valley Academy Trust will ensure that:

- No child's physical, mental or sensory impairment will have an adverse effect on their ability to take part in day to day activities.
- No child with a named condition that affects personal development will be discriminated against
- No child who is delayed in achieving continence will be refused admission
- Adjustments will be made for any child who has delayed incontinence

Intimate Care Tasks

cover any tasks that involve the dressing and undressing, washing including intimate parts, helping someone use the toilet, changing nappies, helping to feed or drink or carrying out a procedure that requires direct or indirect contact to an intimate personal area.

Partnership with Parents/Carers

Staff/ Child's keyworker at all schools within the Penk Valley Academy Trust work in partnership with parents/carers to provide care appropriate to the needs of the individual child and together will produce a care plan when required. The care plan will set out :

- What care is required
- Number of staff needed to carry out the task (if more than one person is required , reason will be documented)
- Additional equipment required
- Child's preferred means of communication (e.g. visual, verbal). Agree terminology for parts of the body and bodily functions
- Child's level of ability i.e. what tasks they are able to do by themselves
- Acknowledgement of, and respect for any cultural or religious sensitivities related to aspects of intimate care
- Be regularly monitored and reviewed in accordance with the child's development

Parents/Carers are asked to supply the following (delete as appropriate):-

- Spare nappies
- Wipes, creams, nappy sacks etc
- Spare Clothes
- Spare underwear

Best Practice

When intimate care is given, the member of staff explains fully each task that is carried out, and the reason for it. Staff encourage children to do as much for themselves as they can through praise and encouragement.

All staff working in school have a DBS check. Particular staff members are identified to change a child with known needs and they plan and record their work with that child.

Safeguarding

Staff are trained on the signs and symptom of child abuse, in line with Staffordshire's Safeguarding Children's Board (SSCB) guidelines and are aware of the DFES booklet 'What to do if you think a child is being abused' and will follow the guidance given.

If a member of staff is concerned about any physical or emotional changes, such as marks, bruises, soreness, distress etc they will inform the Designated Safeguarding Lead (DSL) immediately. The Safeguarding Policy will then be implemented.

Should a child become unhappy about being cared for by a particular member of staff, the DSL/ Manager/Playleader will look into the situation and record any findings. These will be discussed with the child's parents/carers in order to resolve the problem. If necessary the DSL/Manager/Playleader will seek advice from other agencies. (Please remember that you need parental permission to talk to any agency about a specifically named child.)

If a child makes an allegation against a member of staff, the procedure set out in the Safeguarding Policy will be followed.

Dealing with body fluids

Urine, faeces, blood and vomit will be cleaned up immediately and disposed of safely in a clinical waste/sanitary bin.

When dealing with body fluids, staff wear protective clothing (disposable plastic gloves and aprons) and wash afterward. Soiled children's clothing will be bagged to go home, staff will not rinse it.

Children will be kept away from the affected area until bodily fluids have been cleared up.

All staff maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection.

This policy aims to manage risks associated with toileting and intimate care needs and ensures that employees do not work outside the remit of their responsibilities set out in this policy.

Each nursery may have additional, more detailed nappy changing policies in place.

Review of Policy

This policy will be reviewed every 3 years, or before if deemed necessary by the Academy Trust Board of Trustees.